

# Wrapped in Care

Thank you for knitting a shawl for the Wrapped in Care Shawl Project! Your generous spirit is an amazing gift. Please see the full brochure for more information and criteria for selecting yarn.

Here are a couple of very simple shawl patterns to consider if you do not have a favorite. There are also many free on-line patterns for prayer shawls. Knitty.com and Ravelry are sites with shawl options available. **The Alix Prayer Shawl and the Adamas Shawl** are beautiful patterns available as free downloads.

We recommend using a knitting needle a couple of sizes larger than usual for the yarn in order to allow for a softer drape for the shawl. Keep it a little loose!

YO = yarnover

## ***Triangular Garter Stitch Shawl***

*Approx. Finished Size: 39 x 84 inches*

Cast on 2 sts. Knit 2. Knit into front and back (kf&b) of each stitch (4 sts). Knit 1 row. Kf&b, k2, kf&b (6 sts). Knit 1 row.

Start pattern row:

K3, YO, knit to end. Continue until shawl measures about 38 inches at longest point.

Next Row: K3, \*(YO, k2tog), rep from \* to last 3 sts, YO, k3.

NOTE: if st count is odd number, knit to last 4 sts, end k1, YO, k3.

Knit 3 rows. Bind off as to knit – do not bind off too tightly. Weave in loose ends.

## ***Dropped Stitch Stole (designed for Rainbow Boucle Yarn\*)***

*Approx. Finished Size: 26 x 70 inches*

Using Size 10-10 1/2 needles and long-tail cast on, cast on 72 sts. Knit 4 rows.

Start pattern:

Row 1: (K1, YO x 2) to last st, k1.

Row 2: (K1, drop YO's) to last st, k1.

Rows 3-6: Knit.

Continue until shawl measures ~70 inches, finishing on Row 5.

Row 6: Bind off as to knit – do not bind off too tightly. Weave in loose ends.

## ***Where do I send my finished shawl?***

Mail your shawl with care instructions to:

Rev. Dee Moore

C/o Wrapped in Care

Children's Hospital and Clinics of Minnesota

Garden View Building, Suite 503

345 North Smith Avenue

St. Paul, Minnesota 55102

\* This design can easily be adapted to other yarns: knit a swatch to see how many sts will give you a width of 26 inches and knit away!